

From Brian and Arthur

Please find attached the final consistency league results for 2009-10.

The overall league winners were Ian Combellack and Samantha Bayle. The category winners are:

Senior Men: 1<sup>st</sup> – Tom Gordon; 2<sup>nd</sup> – Andrew Williams

Senior Women: 1<sup>st</sup> – Sarah Puplett; 2<sup>nd</sup> – Clare Bird

V40 Men: 1<sup>st</sup> – Jonathan Hall; 2<sup>nd</sup> – Brian Kirsopp

V40 Women: 1<sup>st</sup> – Samantha Bayle; 2<sup>nd</sup> – Lindsey Mapley

V50 Men: 1<sup>st</sup> – Ian Combellack; 2<sup>nd</sup> – Michael McLaughlin

V50 Women: 1<sup>st</sup> – Jane Davies; 2<sup>nd</sup> – Judy Hicks

V60 Men: 1<sup>st</sup> – Tom Stagles; 2<sup>nd</sup> – David Sayer

V60 Women: 1<sup>st</sup> – Caroline White; 2<sup>nd</sup> – Nicky Sayer

Also the events for 2010-2011, format to be discussed at the committee meeting

Supported by:



		Race														
First name	Surname	Category	Shinfield 10K	Woodley 10K	Tadley 10K	Highclere 10K	Henley 1/2M	Marlow 1/2M	Tadley XC	Woodcote 10K	Bramley 10	Bramley 20	Reading 1/2M	Maidenhead 10M	TOTAL	
			PB	PB	PB	PB	PB	PB	PB	PB	PB	PB	PB	PB	PB	
Samantha	Bayle	V40			10	1	10	1		10	9	1		19	9	81
Sarah	Puplett	S		7	7		9		5	8	8		9	1	14	76
Jane	Davies	V50	10	10			10	1		10	1			20	1	74
Clare	Bird	S		9	8		9		9			10		18		63
Judy	Hicks	V50	8	3		7		4		6	7			7	11	53
Katy	Warren	S		8	1		7		7					17	1	41
Caroline	White	V60	7		5				5	1		6	1	7	1	40
Nicky	Sayer	V60			6		3					5		3	6	23
Lindsay	Mapley	V40	9	1							8	1				19
Alison	Parry	S										9	1	9		19
Salome	Godwin	S			9	1		8								18
Vicki	Hayter	S											16	1		17
Fidelma	Crowe	S											15	1		16
Kerri	Dalling	S		1	1		6	1					5	1		15
Sharon	Livingstone-St	V40											13	1		14
Andrea	Vasakova	S											12	1		13
Su	Eames	V40		6				6								12
Samantha	Uphill	S		1	1		8	1								11
Paola	Carotta	S											10	1		11
Rebecca	Pond	S				4	1			4	1					10
Maureen	Sweeney	V50				3				6	1					10
Madeline	Wass	S		1	1		5						1	1		9
Demelza	Fryer-Saxby	S											8	1		9
Julie	Low	V40	6	1	1											8
Emma	Stockton	S											6	1		7
Joanna	Leach	S		5	1											6
Kathy	Tytler	V50						5					1			6
Barbara	Evans	V50		4	1											5
Sue	Murphy	V50		1		4										5
Jaskarran	Taggar	S		2	1								1	1		5
Sharon	Holden	V40											4	1		5
Kate	Jones	V40						4								4
Emma	Pickford	S											2	1		3
Julie	Thomas	V40											1	1		2
Natasha	Lanfear	S											1	1		2
Sally	Loseby	V40											1	1		2

Supported by:



		Race																									
First name	Surname	Category	Shinfield 10K		Woodley 10K		Tadley 10K		Highclere 10K		Henley 1/2M		Marlow 1/2M		Tadley XC		Woodcote 10K		Bramley 10		Bramley 20		Reading 1/2M		Maidenhead 10M		TOTAL
			PB		PB		PB		PB		PB		PB		PB		PB		PB		PB		PB		PB		
Ian	Combella	V50	10	1	10		10		10		10		10		10						10	1	20		10	1	114
Jonathan	Hall	V40			8	1	8	1	9		9	1	9		9	1					9	1	17	1	6	1	91
Brian	Kirsopp	V40	7	1	4		7	1	8		8	1	8		8	1					7	1	16	1	7	1	87
Adrian	Lee	V40	6	1	5				7		6		6									14		4		49	
Michael	Mclaughlin	V50																		10	1		19	1	9	1	41
Phil	Davies	V50	5	1	3					5		7		7	1									5		34	
Bob	Brookes	V50					5			7				5							6	1	10				34
Stephen	Green	V50	3	1	2				6							6	1						11	1			31
Tom	Gordon	S	2	1			6													8	1		9	1			28
Tom	Stagles	V60																		9	1		13	1	2		26
Andrew	Williams	S																				8	1	15	1		25
Gordon	Manning	V40	1	1	1				4		4												8	1			20
Simon	Plevy	S			9	1	9																				19
Stuart	Quinton	S																					18	1			19
Neil	Woodroof	V40	8	1																				8	1		18
Justin	King	S			7		9	1																			17
Simon	Riviere	V40							3										7				7				17
Samuel	Bates	S	4	1	6				5																		16
Eddie	Johnson	S																			5	1	2	1	3	1	13
Robert	Nethersole	S																					12	1			13
David	Sayer	V60							2	1													6	1			10
Geoff	Bird	V60			1		4		1														3				9
Andrew	Loseby	S																					5	1			6
Simon	Loseby	V50																					4				4
George	Obed	S																					1	1			2
Peter	White	V60	1																								1
Lee	Crawford	V40			1																						1
John	Starkey	V50							1																		1
David	Thomas	S																					1				1
Arthur	Abbott	V60																					1				1

# Reading Joggers Consistency League 2010/2011

The Club Consistency League is open to paid-up members of Reading Joggers and runs from May 2010 through to April 2011.

There are separate league tables for men and women. The man and woman obtaining the most points in the events listed below will be declared the winners of the league.

## Events

<i>Event Name</i>	<i>Date</i>	<i>Website</i>
Shinfield 10K	3 <sup>rd</sup> May 2010	<a href="http://www.readingroadrunners.org">www.readingroadrunners.org</a>
Woodley 10K	16 <sup>th</sup> May 2010	<a href="http://www.woodley10k.co.uk">www.woodley10k.co.uk</a>
Tadley 10K	4 <sup>th</sup> July 2010	<a href="http://www.tadleyrunners.hampshire.org.uk">www.tadleyrunners.hampshire.org.uk</a>
Highclere 10K	<i>To be advised</i>	<a href="http://www.newburyac.org.uk">www.newburyac.org.uk</a>
Henley ½ Marathon	<i>To be advised</i>	<a href="http://www.henleyhalfmarathon.org.uk">www.henleyhalfmarathon.org.uk</a>
Marlow ½ Marathon	<i>To be advised</i>	<a href="http://www.marlowstriders.co.uk">www.marlowstriders.co.uk</a>
Tadley Xmas XC	19 <sup>th</sup> December 2010	<a href="http://www.tadleyrunners.hampshire.org.uk">www.tadleyrunners.hampshire.org.uk</a>
Woodcote 10K	<i>To be advised</i>	<a href="http://www.lions-gwd.org.uk">www.lions-gwd.org.uk</a>
Bramley 10/20**	20 <sup>th</sup> February 2011	<a href="http://www.readingroadrunners.org">www.readingroadrunners.org</a>
Reading ½ Marathon*	<i>To be advised</i>	<a href="http://www.readinghalfmarathon.com">www.readinghalfmarathon.com</a>
Maidenhead Easter 10	<i>To be advised</i>	<a href="http://www.maidenheadac.co.uk">www.maidenheadac.co.uk</a>

## Points

Points will be awarded to men and women, *based on official race results, ie. not personal watch times*. In events where there are both gun and chip times, the official chip time will be recorded.

- First RJ - 10 points, down to tenth RJ - 1 point
- Improving on a PB made while a member of the club - 1 point
- Minimum award for completing a listed event - 1 point

\* Reading ½ only - double points, ie. First 20 points - twentieth 1 point - PB 1 point

\*\* Bramley 10/20 only – Both races are run at the same time so members may choose to run in either race. Points will be awarded for both 10 and 20 mile distances.

## Awards

Appropriate awards, to be decided by the committee, will be made to the overall winners of the Mens and Womens leagues. There will also be prizes, to be decided by the committee, awarded to the first man, first woman and two runners-up for each age category in the league (Senior/V40/V50/V60). In case of a tie, the runner who has competed in most league events will be awarded the prize. A member's age will, for the purpose of this competition, be as registered with England Athletics at the beginning of the membership year on 1 April 2009.

The league will be administered by Sarah Puplett who will collate times from the lists published by race organisers. Any queries regarding the league may be directed to Sarah either directly or through the club secretary, Adrian Lee.